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Sherry Maragh

JANUARY 29, 2012 PHOTOGRAPHY BY MICHAEL VONAL SECTION:
PROFILES - MODERN WOMEN

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Some women emanate self-confidence. It's undeniable, unmistakable. Even at first glance you are convinced that they can fly to the moon and back if they so wished. Dr. Sherry Maragh is that woman. Ultra accomplished, hyper educated, and drop dead gorgeous, Dr. Maragh has it all. We spoke to the Dr. Sherry



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Maragh about her life and her work and what makes her tick.

How do you define Modern Motherhood?

Modern Motherhood is knowing that it is okay to be fully dedicated to your family but also having a successful career outside the home and being equally respected for both. It is much more acceptable now than it was 20 years ago.



sherry maragh
THE DOCTOR IS IN

Can women have it all?

Women can have it all! It's a balancing act but with a great support system of husband, family and friends it's definitely possible. I think sometimes we make it look too easy so others around us don't really appreciate the balancing act it takes to actually have it all.

What did your parents teach you about parenting?

Remember you may not be able to always be there with your child every second of the day but God can. He will watch over them when you can't.

Women can have it all! It's a balancing act but...it's definitely possible.

How are you most like your mom?

My mom is a professional working mom who balanced career and family from day one. I learned a lot from her about how you can pursue your career goals and be the professional you want to be without sacrificing your commitment to your family. It was not until I had my own daughter that I realized how much it took for her to be there for us as and do all the things she did for us as kids.

How do you make time for you?

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I wake up at 5 a.m. to exercise while everyone else is sleeping! It has made such a huge difference to have those 45 minutes to myself in the morning.

What quality do you admire in other moms?

I always admire other mothers who have also perfected the balancing act of work life and home life and they don't feel guilty about it. I respect that. It's not easy but seeing others do it always reassures me that I can do it too.

What are you preoccupied with?

As a physician and business owner I am always preoccupied with thinking of ways to do better for my patients and my practice. I want to give my patients the best care they deserve with service they can appreciate. I have been very fortunate in the four years my practice has been open. I do not take it for granted for one second.

What's your favorite family outing/activity?

My absolute favorite family outing is going to the beach! That is another guilty pleasure as a dermatologist! But I do wear my sunscreen. My husband, daughter and I all love the beach. We've made it a life goal to visit all the top beaches around the world.

Do you have a favorite clothing store/designer?

I am a shoe girl and must admit I have a growing collection of Christian Louboutins!

What are you trying to change?

I am always trying to change the general public's awareness of skin cancer and how important it is to have an ongoing relationship with a dermatologist for routine screenings. Early detection can be a life saver. Literally!

Where do you see yourself in ten years?

Continuing the success of my practice and taking on a



15 - 20

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Hunt Country Celebrations

12PM TO 4PM

Bridal & Special Event Expo

West Belmont Place at the National Conference Center - Leesburg, VA

MY TWITTER UPDATES



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larger, possibly more national role in the advancement of dermatologic surgery, which is one of my absolute greatest passions.



How do you keep sanity in your marriage?

We have very open lines of communication. We do most major decision making together. We respect each other's opinion even if we don't agree. We share all responsibilities for caring for our daughter.

Give us your favorite 'mom-ism.'

"Don't make me come in there!" It still makes me laugh when I think of my mom yelling that from the kitchen to my older sister and me. Sometimes we would carry on just to make her say it. We were bad kids!

What drives you?

My husband and my daughter! Being successful so they will be proud of my accomplishments.

What is your greatest hope?

My absolute greatest hope at this point in my life is for a healthy and happy family and that I will provide the best life for my daughter that I am able to, lots of love, support and nurturing.

What are you most certain of?

I know for sure that I'll never give up! No matter what obstacles I may face or the nay-sayers I may come across, I will never lose my internal drive!



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